



West York VFW News

JUNE 2022



WELCOME NEW MEMBERS

CONGRATULATIONS HOME ASSOCIATION OFFICERS

CONGRATULATIONS TO THE NEWLY ELECTED HOME ASSN. OFFICERS 2022-2023



VFW RIDERS GROUP

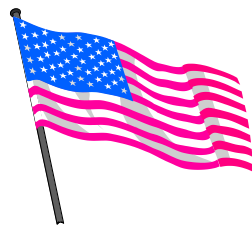
Meeting Thursday
June 30th beginning at
7:00 PM

Post Meetings

Post meeting will be held on June 21st at 7:00 PM with the Home Association meeting to follow. All active members are encouraged to attend both meetings. This is the place to get your suggestions heard. Directors meeting is held June 20th at 7PM.

OLD GLORY

TUESDAY, June 14th is Flag Day.
“Remember to fly the flag”



HOME ASSOCIATION OFFICERS
PRESIDENT-LLOYD GREENWOD
CHAIRMAN-ROBERT SHANK
SECRETARY-TOM STRAUSBAUGH
DAVE EHRIE
GREG GOODWIN
CHRIS RUFF
EUGENE MYERS
TOM HEILMAN
RICK OLVITT
TRUSTEES
3 YR-GLENN SMITH
2 YR-SEAN MITCHELL
1 YR-MIKE BORTNER
GUARD- EUGENE MYERS

Bikers quote very often, “It’s not about the destination, it’ about the journey”. All the fun happens on the way there. That’s why we ride, there is a feeling of freedom when you have the wind in your face, we call it Wind Therapy. Believe it or not there is scientific research to back that up. Our stress levels lower by 28% and we have an increase in our alertness, similar to the effect of drinking a cup of coffee. Increases of heart rate up to 11% and adrenaline 27% similar to light exercise. Our sensory focus is enhanced. Riding forces your body into an open and strong posture making a deep connection between the mind and body triggering the brain to reduce the production of Cortisol (the stress and anxiety hormone) and raise testosterone levels. With the increase of PTSD among our veterans and active troops, and life in general for the average Joe, this kind of therapy can be a life saver. This unique “Biker Therapy” can evoke change that can help veterans to make peace with their past by replacing devastating memories with positive ones and the average Joe will benefit as well. Does this sound like therapy to you? Go ahead and ask us why we ride! Catch you later, God Bless
“JD”

Chaplain VFWRG 8951

Life Membership:

Age	Amount
Through 30	\$255
31 - 40	\$245
41 - 50	\$225
51 - 60	\$200
61 - 70	\$175
71 - 80	\$135
81 and over	\$95

Quote for Flag Day:

“The whole inspiration of our life as a nation flows out from the waving of folds of this banner.”

Call Membership Chairman
Eugene Myers at 885-4199 for
more information on Post Life
Memberships

LOST & FOUND
We have items that
have been left behind.
If you have lost an
item please check with
bartenders.

www.westyorkvfw8951.org

Stewards Corner

Welcome to this month’s Stewards Corner. I wish it could be with good news but sadly it’s not. The world is in financial turmoil, caused by current political policies (not going to get into that) but we as citizens are at the mercy of those politicians who could care less about us and our financial situations. The prices of everything are rising with our wallets shrinking. As such we are adjusting our prices as necessary. While we are all going through this crisis we are doing our very best to keep prices as low as possible and still giving you the service and quality you deserve. With predictions of \$6.00 for a gallon of gas and \$5.00 for a loaf of bread I don’t see any relief coming soon if ever.

A few things to take note of this month, Flag Day on the 14th FLY IT WITH PRIDE. Fathers Day on the 19th bring dad in for wings and tacos. The first day of summer on the 21st if it hasn’t already felt that way and a DJ on the 25th 8-12. The kitchen will start summer hours June 15th, it will close at 8:00 PM on Wednesday, Thursday and Saturday. Also please remember gentleman there is a three inch sleeve dress code no cut off shirts or tank tops. Ladies no tube tops please. We thank you for your patronage.

As Always
Hope to see you soon,
Larry E. Myers

Fly the Flag:

Quality American Flags are available at the Post home.

3 X 5 Nylon	18.00
4 X 6 Nylon	24.00
5X 8 Nylon	33.00
2 X 3 POW Nylon	19.00
3 X 5 POW Nylon	32.00

From the Commander:

Greetings,
I would like to thank Tom and Carol for their expertise and time they contributed to make our VOD, PATRIOTS PEN, and our Scholarship Program a successful one. Not to forget the other members that participated, thank you too.
The Riders Group has the 2nd Annual Jacob P. Deller Memorial Ride on the 18th, with the proceeds going to “Not One More”.
A Big Thanks to the Members and Officers for helping place Flags on the Graves of Our Brothers and Sister for Memorial Day.

Dates to Remember	
6-D Day Anniversary	19-Fathers Day and Juneteenth Day
12-Womens Veterans Day	23-Coast Guard Auxiliary Birthday
14-Army’s Birthday	28-Katy Ruff’s Birthday
Flag day	

GOD BLESS AMERICA

Yours in Comradeship,
Chris Ruff
Commander

Lloyd Greenwood
President of the Home Association

Auxiliary News

To our Brothers, Sisters, Members & Guests of W.Y. VFW 8951 & Auxiliary Members

Those hot summer days are here.
The Voice of Democracy and Patriots Pen programs were a great success. Thanks to the students from WY School District, Christian School of York and Dover Area School District for their participation. I would also like to Thank Carol Schrum and Tom Heilman for the great presentation they did for these programs and for the Loyalty Day coloring contest. Keep up the good work.
On May 10th the Auxiliary presented checks to the following students: Kera Buser, Mackkenah Hoffman and Trinity Nelson who won the scholarships for Continuing Education.
On May 24th the VFW Post 8951 will present checks to the students who won the High School Scholarships.
On May 18th Chris Keekey, Carol Schrum, Brenda Shorts and Sandy Leese and her Girl Scout Troop delivered Girl Scout Cookies to the First Responders at Fire Station 1 Rex/Laurel in York City. A tour of the old fire house was included.
Any annual member who did not pay their dues must have them paid by June 30, 2022 or you will need to rejoin. Any questions contact Jeanne Hoffman.
I would like to thank the Auxiliary Brothers and Sisters and members and Post and all the Volunteers who helped make this past year a great success. Most important I appreciate from the bottom of my heart for the support and help from the Auxiliary Officers. Looking forward to working with each and everyone of you in this coming year.

Loyally
Christine E. Keeney
President

W
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C
2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>			<div><div>1</div><div>Beef Tips</div><div>7</div><div>Noodles</div><div>\$8.95</div></div>	<div><div>2</div><div>Ham Steak</div><div>\$10.95</div></div>	<div><div>3</div><div>Shrimp Trio</div><div>Fried, Steamed,</div><div>Scampi</div><div>\$11.95</div></div>	<div><div>4</div><div>Batter Dipped</div><div>Haddock</div><div>\$13.95</div></div>
<div><div>5</div><div>Tacos</div><div>\$1.00</div><div>60 cent wings</div></div>	<div><div>6</div></div>	<div><div>7</div><div>Chicken &</div><div>Waffles</div><div>\$4.95</div></div>	<div><div>8</div><div>Chicken</div><div>Parmesan</div><div>\$8.95</div></div>	<div><div>9</div><div>Buffet</div><div>Carved Beef</div><div>Fried Chicken</div><div>Pork Dijoin</div><div>\$10.95</div></div>	<div><div>10</div><div>Bacon Wrapped</div><div>Scallops& Shrimp</div><div>Skewers</div><div>\$14.95</div></div>	<div><div>11</div><div>Crab & shrimp</div><div>Imperial</div><div>\$13.95</div></div>
<div><div>12</div><div>Taco's</div><div>\$1.00</div><div>60 cent wings</div></div>	<div><div>13</div><div>Flag Day</div></div>	<div><div>14</div><div>Fish & Chips</div><div>\$4.95</div><div>Bingo</div><div>Flag Day</div></div>	<div><div>15</div><div>Roast Beef</div><div>w/Stuffing</div><div>\$8.95</div></div>	<div><div>16</div><div>AYCE</div><div>Haddock</div><div>\$10.95</div><div>Aux Meeting</div><div>7:00 PM</div></div>	<div><div>17</div><div>Steamer</div><div>1 Dozen Clams</div><div>1/2 Lb. Steamed</div><div>Shrimp & Crab</div><div>Legs</div><div>\$18.95</div></div>	<div><div>18</div><div>Lemon Pepper</div><div>Salmon</div><div>\$10.95</div></div>
<div><div>19</div><div>FATHER'S</div><div>DAY</div><div>Tacos</div><div>\$1.00</div><div>60 cent wings</div></div>	<div><div>20</div><div>BOD</div></div>	<div><div>21</div><div>Cheese Steak</div><div>w/Fries</div><div>\$4.95</div><div>Post & Home</div><div>Meeting</div></div>	<div><div>22</div><div>Chopped Sirloin</div><div>w/onions & Gravy</div><div>\$8.95</div></div>	<div><div>23</div><div>Buffet</div><div>Carved Beef</div><div>Fried Chicken</div><div>Carved Ham</div><div>\$10.95</div></div>	<div><div>24</div><div>Pile of Shrimp</div><div>\$11.95</div></div>	<div><div>25</div><div>Flounder & Crab</div><div>Meat w/ Bernaise</div><div>\$15.95</div><div>DJ 8 to 12</div></div>
<div><div>26</div><div>Tacos</div><div>\$1.00</div><div>60 cent wings</div></div>	<div><div>27</div></div>	<div><div>28</div><div>Fried Shrimp</div><div>w/fries</div><div>\$4.95</div><div>Bingo</div></div>	<div><div>29</div><div>Hog maw</div><div>\$8.95</div></div>	<div><div>30</div><div>Smoked Pork</div><div>Chops</div><div>\$9.95</div><div></div></div>		

Kitchen Hours

Tues- 3PM to 8PM

Wed, Thurs, Sat- 3PM to 8PM

Fri-3PM to 9PM

Sunday— 12NOON to 6:30 PM

Canteen Hours

Mon— 3:00PM to 10PM
Tues—Thurs 3:00 PM to 11 PM
Friday 3:00 PM to 1 AM
Saturday 12 NOON to 1 AM
Sunday 12 Noon to 10 PM



*** Prices subject to change without notice ***



Auxiliary
Life Membership Fees
Age as of December 31
Year of Application

Age	Regular Price
Through 20	\$253
21-25	\$242
26-30	\$230
31-35	\$219
36-40	\$213
41-45	\$201
45-50	\$196
51-55	\$184
56-60	\$173
61-65	\$161
66-70	\$150
71-75	\$132
76-80	\$109
81-85	\$ 86
86-90	\$ 69
91 and over	\$ 58

Send to:

Jeanne Hoffman
1484 West Princess St
York, PA 17404

Dates to Remember:

June 6 D-Day (1944)
June 14 Flag Day
June 16 Auxiliary Meeting 7PM
June 19 Fathers Day
June 21 First Day of Summer
June 14 & 28 Bingo 6:45PM

Remember our shut-ins and all our Veterans who are overseas.

Remember to Fly the flag . **June 14th Flag Day**

Suggestions for the good of the order are always welcome.

HAPPY FATHER’S DAY

Loyally,

Christine Kinney
Auxiliary President

HAPPY BIRTHDAY
TO ALL THE MEMBERS OF THE
MONTH



Quote for Father’s Day:

***“Any man can be a FATHER. It takes
someone special to be a DAD.”***

Condolences

To the families of our departed Comrades and Sis-
ters:

Comrades: John Wesley Messersmith

Auxiliary: Barbara Trone
Ida Jean Butcher
Rose Wise Past Auxiliary President



**An Association of Men and Women who have fought
America’s Foreign Wars on land, and sea, and in the air.
FOUNDED 1899**